



COMIDA | FOOD CONVERSATION: TALKING ABOUT FOOD IN SPANISH

¿Qué te gusta comer y beber?

¿Te gusta el pescado?

Sí, me gusta mucho.

¿Te gusta el pollo?

No me gusta la carne **porque** soy vegetariano/a.

¿Te gustan los frijoles?

Si, me gustan los frijoles **porque** son sanos.

¿Te gustan los chiles?

No me gustan los chiles **porque** tengo alergia.

¿Te gustan los huevos?

No como huevos **porque** soy vegano/a.

What do you like to eat and drink?

Do you like fish?

Yes, I **like** it a lot.

Do you like chicken?

I **don't like** meat **because** I am a vegetarian.

Do you like beans?

Yes, I **like** beans **because** they are healthy.

Do you like chili peppers?

I **don't like** chili peppers **because** I have an allergy.

Do you like eggs?

I **don't eat** eggs **because** I am vegan.



Other ways to
talk about likes
and dislikes

Me encanta el
jugo de
naranja.
I love orange
juice.

No me gusta el
café, prefiero el
té.
I don't like
coffee, I prefer
tea.

¡Odio el
arroz!
I hate rice!

Masculine	Feminine	Adjective
delicioso	deliciosa	delicious
asqueroso	asquerosa	disgusting
sabroso	sabrosa	tasty
salado	salada	salty
sano	sana	healthy
picante	picante	spicy

Verbs to describe what you eat
and drink for each meal:

comer - to eat

tomar - to have

beber - to drink

desayunar - to have breakfast

almorzar - to have lunch

merendar - to have an afternoon snack

cenar - to have dinner

¿Normalmente qué comes en el desayuno?

Un huevo y una tortilla de maíz.

¿Qué te gusta comer para el almuerzo?

Para el almuerzo como pambazo.

¿Usualmente qué te gusta cenar?

A veces cenó pescado y ensalada.

¿Qué comes en la merienda?

Todos los días meriendo fruta.

Para la cena, ¿bebes leche o té?

What do you usually eat for breakfast?

An egg and a corn tortilla.

What do you like to eat for lunch?

For lunch, I eat pambazo.

What do you usually have for dinner?

Sometimes I have fish and salad for dinner.

What do you have for an afternoon snack?

Every day I have fruit for my afternoon snack.

For dinner, do you drink milk or tea?



Spanish Language Series: De la Milpa a la Mesa: A Mexican Food Journey

Language Lesson Plan

Topic:	Comida Food: Talking about food in Spanish
Language focus:	Vocabulary, grammar, speaking
Level:	Beginner to elementary
Time:	40 minutes
Materials:	Download one worksheet, one for each student.

Grammar & Vocabulary (10mins)

Model the conversation with a stronger student in the class. Elicit from students the grammar rules for talking about likes and dislikes (plural and singular). Elicit some other food items and put them on the board. Highlight other ways of saying likes and dislikes and why, checking pronunciation for vocabulary.

Speaking (10mins)

Pair students to practice asking each other about food likes and dislikes using the words on the board. Encourage them to extend each sentence to say why.

Vocabulary (10mins)

Go over the verbs used to talk about meals of the day. Go over the conversation, checking vocabulary and pronunciation. Model with a stronger student. Together as a class brainstorm and board 3 – 4 different meals people eat at different times of the day.

Speaking (10mins)

Pair students to interview each other, asking what they like to eat for each meal. After 2 mins get students to change partners.

Extension:

Discuss with students how everyday eating is different in New Zealand and México (e.g. big cooked meal eaten in the middle of the day with multiple courses).